**Robert Smith**

**Yoga Instructor**

**1737 Marshville Road, Alabama, (123)-456-7899, info@qwikresume.com www.qwikresume.com**

[Today’s Date]

[341 Company Address]  
[Company City, State xxxxx]  
[(xxx) xxx-xxxx]  
[hiring.manager@gmail.com]

Dear [Mr./Mrs./Ms.] [Hiring Manager’s Name],

I came across your Yoga Instructor position opening on the \*\*\*\* website, and I am formally submitting this letter to express my interest to be considered for this post. My interest in and practice of yoga ever since my childhood has perfected my skills and techniques of yoga, and I believe that my ten years of experience in instructing yoga for various age-group of people will make me a suitable candidate for this position.

I have complete knowledge of the various techniques and types of yoga postures and I can perfect my students to perform even the hardest pose easily and correctly. I also have proficiency in various breathing and relaxation techniques and I have the right teaching skills which will enable my students to improve their overall health and well-being.

On this note, I would like you to consider some of my highlighting qualifications –

* Having a total experience of 10 years in this field, with a registered yoga teacher certification from the yoga alliance recognized institute.
* Specialized in Ashtanga yoga type wherein I can teach this style to any age-group people
* Well-versed with the relaxation and breathing methodologies and their principles
* Completed 400 hours of Hatha Yoga training which is a common form of yoga type practices today; and have around 200 hours of training in Vinyasa Flow yoga – an advanced yoga form that concentrates on breathing poses and techniques
* Currently working towards earning a certification in Bikram Yoga, which focuses on heat and poses.

Having said this, my exemplary interpersonal and communication skills ease my work while dealing with my students and as a result, they receive the right way to practice yoga. Besides, I am confident that I am comfortable teaching yoga based on the history of the participants such as – BP, Sugar, Ortho, and pregnant women.

I am excited at the prospect of bringing my skills, experience, and talents to \*\*\*. I look forward to hearing from you at your earliest convenience. Thank you for your time and consideration.

Sincerely,

[Your Name]