

Objective

To obtain a rewarding, professional position within a caring agency through clinical skills and creative abilities to assist those served in reaching their fullest potential while experiencing opportunities for growth.

Skills

Patient Care, Handling.

Work Experience

Sr. Activity Therapist

West Central Georgia Regional Hospital - April 2013 – 2020

- Encouraged clients with special needs and circumstances to acquire new skills and get involved in health-promoting life skills and leisure activities, such as sports, games, music, arts and crafts, fishing, and gardening.
- Instructed clients in activities and techniques, such as sports, gardening, dance, music, art or relaxation techniques, designed to meet their specific physical or psychological needs.
- Observed, analyzed, and recorded clients participation, reactions, and progress during treatment sessions, modifying treatment programs as needed.
- Obtained information from medical records, medical staff, family members and the clients themselves to assess clients capabilities, needs, and interests.
- Planned, organized, directed and participated in treatment programs and activities to facilitate clients rehabilitation, help them integrate into the community and prevent further medical problems.
- Prepared and submitted reports and charts to the treatment team to reflect clients reactions and evidence of progress or regression.
- Acted as client advocate in order to coordinate required services for the treatment mall or treatment team.

Activity Therapist

Delta Corporation - 2008 – 2013

- Worked weekends & holidays on 3 units Psychiatry, Physical Rehabilitation, & Transitional Care Center (TCC).
- Saw patients for individual consultations throughout the hospital per MD order.
- On Psych & Rehab - Led 2-3 therapy groups/day.
- On TCC - Made rounds treating bed-ridden patients for depression & anxiety.
- infants and toddlers, teach basic skills for pre-k, serve lunch/breakfast.
- Full -Time) Plan, direct, and coordinate therapeutic recreation program Conducts therapy sessions to improve clients mental and physical wellbeing .
- Responsible for 17 employees to ensure accountability of inventory for 2,900 clients and staff of a charity based program, the Belmont Partnership .

Education

Masters in Science - June 2014(Walden University - Minneapolis, MN)