

MASON WILSON

Assistant Head Coach

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PROFESSIONAL SUMMARY

Energetic Assistant Head Coach with over five years of experience in athlete development and strategic training implementation. Proven ability to enhance team performance and build cohesive units through innovative coaching methods. Committed to guiding student-athletes in achieving their full potential both on and off the court.

WORK EXPERIENCE

Assistant Head Coach Mar / 2021-Ongoing
Quantum Solutions LLC Phoenix, AZ

- 1. Implemented offensive and defensive strategies for high school boys' basketball, enhancing team performance.
- 2. Guided players to postseason success, with multiple athletes achieving award-winning recognition.
- 3. Collaborated with the head coach to develop effective game plans and team formations.
- 4. Coached varsity basketball and served as defensive coordinator for the football team, fostering cross-sport skills.
- 5. Hosted historic playoff games, marking the first occurrence in school history.
- 6. Presented tactical analysis to the team using video editing software, promoting learning from gameplay.
- 7. Oversaw the entire program, instilling enthusiasm and clear communication to drive player development.

Assistant Head Coach Mar / 2020-Mar / 2021
Silver Lake Enterprises Seattle, WA

- 1. Executed player recruitment strategies, enhancing team talent and competitiveness.
- 2. Planned and implemented targeted practice drills to optimize player development.
- 3. Provided comprehensive support for athletes aspiring to compete at the collegiate level.
- 4. Mentored student-athletes, resulting in two undefeated junior varsity teams and multiple league championships.
- 5. Facilitated a positive team environment, focusing on personal and athletic growth.

EDUCATION

Bachelor of Science in Kinesiology Mar / 2019-Mar / 2020
University of Florida Denver, CO

Focused on sports management and coaching techniques.

SKILLS



INTERESTS

- Home Brewing
- Wildlife Conservation
- Running
- Public Speaking

STRENGTHS



LANGUAGES



ACHIEVEMENTS

- Led team to a league championship, improving win rate by 30%.
- Developed individualized training plans that resulted in 10 players receiving All-Conference honors.