

Robert Smith

Assistant Track Coach

PERSONAL STATEMENT

To obtain a position as a Track and Field/Strength and Conditioning Coach and excel in maximum athletic performance and fitness. Loyal, extremely hard worker, bold, ambition and always eager to learn and find scalable solutions in a production pipeline.

WORK EXPERIENCE

Assistant Track Coach

ABC Corporation - March 2010 - 2011

Responsibilities:

- Responsible for conducting practices and aiding within the program, as well as any administrative responsibilities.
- Worked with colleagues to generate effective workout programs to enhance athletes training and performance.
- Assisted College Track and Field athletes in practices dealing with Strength and Conditioning exercises.
- Produced 62 All-State Performances and 11 Individual State Champions and Relays
- Specialized in distance training, but learned and assisted in all aspects of coaching track and field
- Helped design workouts and training plans for all athlete.
- Oversaw strength and conditioning program.

Assistant Track Coach

Delta Corporation - 2006 - 2010

Responsibilities:

- Specialized in the weight events.
- Provide Information Consulting, printer repairs, computer troubleshooting.
- provide technical assistance for network, setup .
- Assisted in leading athletes to breaking school records on both Men and Womens side, including a national champion in the 200m.
- Works through proper channels and protocol in referring parents or the public to appropriate administrative responses.
- Assume responsibilities of head coach in matters of supervision in absence of head coach.
- Teach the values of good sportsmanship.

Education

Bachelor of Arts - (Anderson University - Anderson, IN)

CONTACT DETAILS

1737 Marshville Road,
Alabama
(123)-456-7899
info@qwikresume.com
www.qwikresume.com

SKILLS

Hard Worker, Multitask,
Leader.

LANGUAGES

English (Native)
French (Professional)
Spanish (Professional)

INTERESTS

Climbing
Snowboarding
Cooking
Reading

REFERENCES

Reference - 1 (Company Name)
Reference - 2 (Company Name)