

# **EMMA JOHNSON**

Athletic Coach

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# PROFESSIONAL SUMMARY

Enthusiastic Athletic Coach with 7 years of experience dedicated to developing athletes' skills and enhancing team dynamics. Expert in crafting individualized training plans that boost performance while prioritizing safety. Driven to empower young athletes through mentorship and constructive feedback, fostering strong community ties and a love for sports.

## WORK EXPERIENCE

### Athletic Coach

Apr / 2021-Ongoing

### Maple Leaf Consulting

Toronto, ON

- 1. Provided leadership and motivation to athletes, preparing them for competitive events and tournaments.
- 2. Created and implemented training techniques tailored to athletes' strengths and areas for improvement.
- 3. Assessed athletes' skills to identify potential for specific sports and develop training pathways.
- 4. Instructed athletes in the fundamentals of their sports while fostering teamwork and collaboration.
- 5. Compiled detailed performance reports and provided recommendations for athlete selection.
- 6. Organized and conducted training sessions, ensuring effective use of training materials.
- 7. Analyzed opponent strategies to enhance team performance and game planning.

### Athletic Coach

m Apr / 2018-Apr / 2021

### Summit Peak Industries

**耳** Denver, CO

- 1. Demonstrated leadership and teamwork in coaching environments, fostering positive athlete experiences.
- 2. Served as head coach for the Bristol Junior Varsity Girls Softball team, achieving regional recognition.
- 3. Mentored 14 high school girls in softball fundamentals, enhancing their skills and confidence.
- 4. Assisted the head coach and athletic director in managing and promoting the athletic program.
- 5. Successfully organized and coached a Division I soccer team, leading them to a top-3 finish.
- 6. Developed youth sports programs that focused on skill development and sportsmanship.

# **EDUCATION**

# Bachelor of Science in Physical Education

Apr /

Apr / 2018

### State University

F Santa Monica, CA

Focused on sports coaching, athlete development, and physical education methodologies.

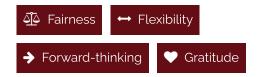
# **SKILLS**

Data Analysis And Reporting **Effective Communication** Season Planning Parent Communication 8 Social Media Management 10 Fundraising Skills

#### **INTERESTS**

Fashion **Gaming** Film Film Technology

### **STRENGTHS**



### **LANGUAGES**



### **ACHIEVEMENTS**

- Increased team performance by 30% through tailored training programs.
- Led the junior varsity team to a championship title in 2022.
- Developed a mentorship program that improved athlete retention by 25%.