

Behavioral Specialist III

ROBERT SMITH

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Objective

Passionate behavioral health worker with special interest in working with children with mental health issues.

Skills

Proficient In: Microsoft Word, Microsoft Outlook, Microsoft Power Point, Google Products, Social Media Platforms Such As Facebook, Twitter, Instagram, And Pinterest. Operating Systems Used: Mac OS X; Windows OS XP, Vista, 7.

Work Experience

Behavioral Specialist III

Cultivated Vitality - 2005 – 2019

- Provide guidance, psycho-education, and direction for individuals, couples, and families seeking to improve mental wellbeing.
- Assist clients in identifying and addressing “problem areas” that they felt they wanted to improve upon and develop.
- Make recommendations based on diagnosis and work with managing psychologist, psychiatrist, and other mental health specialists to formulate appropriate plan of action.
- Support and aid clients with management of mental illness, including depression, bipolar disorder, obsessive compulsive disorder, and anxiety.
- Formulate an Individual Service Plan (ISP) for each client to outline how to address his or her challenges with mental health.
- Complete quarterly reports and weekly notes for client sessions.
- Enact use of outside assistance for clients as needed.

Behavioral Specialist

ABC Corporation - 2002 – 2005

- Give support to behavioral challenged children ages 8-22 Work with schools and state affiliated agencies to provide resources needed for families Provide safe and stable environments to autistic children and their families.
- Help to find alternative ways for youth to express themselves and communicate with others.
- Travel to crisis situations that may occur with challenged youth, families, residential and group home facilities.
- Prepare and provide medication for youth when specified times.
- Write daily behavior logs Conduct and follow restraining procedures when necessary.
- Helped to ensure the safety of families and troubled mentally disabled youth.
- Enabled youth to be able express themselves without incident..

Education

Bachelor of Arts in Psychology, cum laude. English minor. - 2006(University of Massachusetts Lowell - Lowell, MA)