

☑ support@qwikresume.com 📞 (123) 456 7899 🕈 Los Angeles 🔮 www.qwikresume.com

## PROFESSIONAL SUMMARY

Accomplished Cafeteria Cook with 7 years of extensive experience in preparing nutritious meals and ensuring food safety compliance. Expert in managing kitchen operations and fostering teamwork to deliver high-quality dining experiences. Passionate about enhancing culinary offerings and maintaining a clean, welcoming environment for all patrons.

## **WORK EXPERIENCE**

## Substitute Cafeteria Worker - Cook

Apr/2020-Ongoing

#### Blue Sky Innovations

Thicago, IL

- 1. Prepared and executed lunch menus for students and faculty, adhering to strict food safety guidelines.
- 2. Maintained a clean and organized kitchen environment, contributing to efficient cafeteria operations.
- 3. Developed healthy meal options for large groups, focusing on nutritional value and taste.
- 4. Managed inventory and ensured that all ingredients were fresh and available for meal preparation.
- 5. Consistently monitored and maintained sanitation standards in food preparation areas.
- 6. Cooked and served a variety of menu items, including entrees and sides, ensuring quality and presentation.
- 7. Quickly adapted to new cooking techniques and responsibilities during a 7-month training period.

#### Cafeteria Cook

Apr/2018-Apr/2020

## Summit Peak Industries

- **耳** Denver, CO
- 1. Prepared and served a diverse range of breakfast and lunch meals, including omelets, stir-fry, and salads.
- 2. Operated kitchen equipment safely and effectively, ensuring high standards of food quality.
- 3. Executed daily food preparation tasks while adhering to strict hygiene and sanitation protocols.
- 4. Facilitated smooth service operations, including cash handling and customer interactions.

# **EDUCATION**

Associate of Applied Science in Culinary Arts

m Apr/ 2016

Apr/

Culinary Institute of America

F Chicago, IL

Studied culinary techniques, food safety, and nutrition.

## **SKILLS**

Time Management

Team Collaboration Knife Skills

Inventory Management

**Portion Control** 

## **INTERESTS**

🗸 Art

Volunteering

🜲 Hiking

🚺 Yoga

## **STRENGTHS**

**Q** Criticality



Diplomacy



# **LANGUAGES**



## **ACHIEVEMENTS**

Reduced food waste by 20% through efficient inventory management.

Implemented new menu items that increased student satisfaction ratings by 15%.