

Objective

Over 35 years of experience as a Registered Nurse acquiring clinical expertise and knowledge of health care programs to improve the quality of patient care focusing on self-management, prevention, and wellness. The most recent experience has been on the development of holistic care plans for the geriatric patient using the nursing process in collaboration with the patient, the Care Team, the family/caregiver, and community-based services in order to effectively meet the patient's needs.

Skills

Coordination, MS Office.

Work Experience

Childbirth Educator

ABC Corporation - May 2009 – August 2012

- Childbirth education relating to pregnancy, labor process, medical/surgical management of childbirth.
- Relaxation, and breathing coaching too.
- Taught all childbirth classes, weekend, refresher, and one on one classes.
- Taught childbirth, breastfeeding, and newborn care classes to expectant.
- Developed marketing strategy, curriculum, and follow-up plan, with 100% satisfaction rate, and 90% natural birth rate.
- Networked with other birth professionals in the community to improve birth options for clients.
- Instructed expectant Couples.

Childbirth Educator

Delta Corporation - 2004 – 2009

- o Childbirth education relating to pregnancy, labor process, medical/surgical management of childbirth o Relaxation and breathing coaching to .
- Taught all childbirth classes, weekend, refresher, and one on one classes Taught childbirth, breastfeeding, and newborn care classes to expectant .
- Developed marketing strategy, curriculum, and follow-up plan, with 100% satisfaction rate, and 90% natural birth rate.
- Networked with other birth professionals in the community to improve birth options for clients.
- Instructed expectant Couples in Lamaze Childbirth.
- Taught childbirth classes to expectant parents, including development of six-week curriculum totaling 15 hours.
- Developed business and marketing plan, website, social media strategies.

Education

Started classes towards BSN, I believe I took two - 1986(Western Connecticut State University - Danbury, CT)