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PROFESSIONAL SUMMARY

Skilled Clinical Counselor with 5 years of experience specializing in mental health therapy for individuals and families. Adept at creating and executing tailored treatment plans, conducting assessments, and providing crisis intervention. Passionate about fostering client resilience and promoting emotional well-being through evidence-based practices.

WORK EXPERIENCE

Clinical Counselor - Level II

Apr / 2022-Ongoing

Blue Sky Innovations

耳 Chicago, IL

- 1. Provided intervention services for at-risk adolescent students and their families, improving student discipline and reducing expulsion risks through behavioral modification.
- 2. Ensured confidentiality and maintained accurate clinical documentation, completing all paperwork punctually.
- 3. Developed and executed goal-oriented service plans with measurable outcomes and specific behavioral objectives.
- 4. Conducted assessments, evaluations, and crisis interventions to address student mental health emergencies effectively.
- 5. Delivered clinical case management and counseling services to individuals, couples, and families.
- 6. Coordinated appropriate referrals for students requiring additional therapeutic services.
- 7. Engaged in weekly supervision sessions with faculty to discuss student cases and enhance intervention strategies.

Clinical Counselor

m Apr / 2020-Apr / 2022

Lakeside Apparel Co

耳 Chicago, IL

- 1. Provided individual counseling primarily for children and adolescents facing grief, trauma, and severe mental health disorders.
- 2. Facilitated group and family counseling sessions, including self-esteem and psycho-educational groups.
- 3. Referred clients to external resources for mental health and substance abuse support.
- 4. Collaborated with school staff and administrators on client cases and community outreach programs.
- 5. Advocated for clients within familial, academic, and judicial contexts.
- 6. Participated in weekly supervision to enhance clinical skills and therapeutic approaches.

EDUCATION

Master of Arts in Counseling Psychology

m Apr / 2018-Apr / 2020

University of Southern California

F Portland, OR

Completed coursework in clinical interventions, ethics, and psychological assessments.

SKILLS

Mental Health Assessment

Cultural Competence

Stress Management

Emotional Support

ACHIEVEMENTS

Implemented a new therapeutic program that reduced anxiety symptoms in 80% of participating clients.

Facilitated group therapy sessions that improved self-esteem in adolescents by 75% over a 6-month period.

Developed an outreach initiative that increased client engagement by 40% within the community.