

# **CHARLOTTE HARRIS** Sr College Athlete

- (123) 456 7899
- Los Angeles
- www.qwikresume.com

#### **SKILLS**

Mentoring

Expertise In Strength And Conditioning Techniques

Presentation Skills

Training Development 

Customer Service

Social Media Skills

#### **INTERESTS**

Birdwatching

Traveling

Sports Coaching Knitting

# STRENGTHS









## **LANGUAGES**







English

Mandarin

Spanish

### **ACHIEVEMENTS**



Led the team to win the conference championship in 2015.

#### PROFESSIONAL SUMMARY

Accomplished senior college athlete with a decade of competitive experience across multiple sports. Proven expertise in leadership, teamwork, and performance optimization. Committed to promoting academic excellence while guiding peers toward achieving their athletic goals. I am eager to leverage my extensive background to foster a culture of success and resilience within athletic programs.

## WORK EXPERIENCE

## Sr College Athlete

Pineapple Enterprises

Mar/2018-Ongoing

📮 Santa Monica, CA

- 1. Two-time First Team All-Golden Valley Conference selection and runnerup for Pitcher of the Year.
- 2. Power forward and center for Susanoo Magic College Athlete team, contributing to team success through strategic play.
- 3. Earned a volleyball scholarship, showcasing versatility across multiple sports.
- 4. Engaged in daily practice routines, team-building exercises, and performance analytics.
- 5. Demonstrated leadership skills as a team captain, fostering collaboration and motivation among teammates.
- 6. Instrumental in leading the team to a school record for wins in 2012, earning Team MVP honors.
- 7. Participated in the GoDaddy Bowl game and Conference Championship, demonstrating competitive excellence.

## College Athlete

mar/2015-Mar/2018

Lakeside Apparel Co

Thicago, IL

- 1. Monitored and ensured student-athlete eligibility compliance with NCAA
- 2. Maintained detailed records of student-athlete academic performance and eligibility criteria.
- 3. Assisted in documenting and managing recruitment processes and coach interactions.
- 4. Conducted audits of communication logs to ensure compliance in recruiting activities.
- 5. Developed and presented educational materials on NCAA rules and regulations for athletes.
- 6. Managed ticket requests for athletic events, ensuring a smooth operation.

#### **EDUCATION**

Bachelor of Science in Exercise Science

Mar/2012-Mar/2015

University of Maryland

**耳** Portland, OR

Focused on athlete performance, nutrition, and rehabilitation strategies.