

# ROBERT SMITH

## Jr. Companion

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Seeking to obtain a job in which past qualities and skills can but use to advance further in life as well as a professional career. Looking for a career to provide for face to face involvement with different people.

## EXPERIENCE

### Jr. Companion

**ABC Corporation - JANUARY 2013 - NOVEMBER 2014**

- Provide patients with help moving in and out of beds, baths, wheelchairs, or automobiles and with dressing and grooming.
- Care for patients by changing bed linens, washing and ironing laundry, cleaning, or assisting with their personal care.
- Entertain, converse with, or read aloud to patients to keep them mentally healthy and alert.
- Plan, purchase, prepare, or serve meals to patients or other family members, according to prescribed diets.
- Direct patients in simple prescribed exercises or in the use of braces or artificial limbs.
- Perform a variety of duties as requested by a client, such as obtaining household supplies or running errands.
- Massage patients or apply preparations or treatments, such as liniment, alcohol rubs, or heat-lamp stimulation.

### Companion

**Jmax - 2011 - 2013**

- Change dressings, Perform a variety of duties as requested by client, such as obtaining household supplies and running errands, Accompany clients to doctors offices and on other trips outside the home, providing transportation, assistance and companionship,.
- Provide patients with help moving in and out of beds, baths, wheelchairs or automobiles, and with dressing and grooming.
- Provide patients and families with emotional support and instruction in areas such as infant care, preparing healthy meals, independent living, and adaptation to disability or illness, Change bed linens, wash and iron patients laundry, and clean patients quarters.
- Entertain, converse with, or read aloud to patients to keep them mentally healthy and alert.
- Plan, purchase, prepare, and serve meals to patients and other family members, according to prescribed diets.
- Direct patients in simple prescribed exercises and in the use of braces or artificial limbs.
- Check patients pulse, temperature and respiration.



## EDUCATION

- ged - 2015(henrico county adult education - Richmond, VA)
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## SKILLS

Child Care, Housekeeping, Dietary.