

# **MASON WILSON** Cafeteria Daycare Teacher

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- (123) 456 7899
- Los Angeles
- www.qwikresume.com

### **SKILLS**

Expertise In Child Development 8 Health And Hygiene Practices 8 Parent Education Observation And Reporting 10 **Developmental Assessments** 

Social Skills Development

Birdwatching

**INTERESTS** 

Traveling

Sports Coaching Y Knitting

# STRENGTHS



# **LANGUAGES**



# **ACHIEVEMENTS**

1 Implemented a weekly nutrition program resulting in a 30% increase in children's vegetable consumption.

Developed engaging meal times that fostered social skills, enhancing peer interactions among children.

#### PROFESSIONAL SUMMARY

Dedicated Cafeteria Daycare Teacher with 5 years of experience in fostering a safe and engaging environment for children. Expert in creating nutritious meal plans while promoting healthy eating habits and social interaction. Passionate about enhancing children's developmental skills through fun, educational activities, and committed to collaborating with families to support each child's growth.

# WORK EXPERIENCE

# Cafeteria Daycare Teacher

Quantum Solutions LLC

Apr/2022-Ongoing

**₮** Phoenix, AZ

- 1. Facilitated a smooth transition for children entering the cafeteria by welcoming them and guiding them through the meal selection process.
- 2. Promoted positive behavior during meal times through reinforcement techniques, encouraging social interaction.
- 3. Collaborated with parents to discuss children's dietary preferences and provide tailored meal options.
- 4. Ensured compliance with health and safety regulations during meal preparation and serving.
- 5. Organized fun learning activities related to nutrition, fostering children's interest in healthy eating.
- 6. Maintained a clean and safe eating environment, ensuring children's health and well-being.
- 7. Assisted children with special dietary needs, providing support and alternative meal options.

# Daycare Teacher

m Apr/2020-Apr/2022

Summit Peak Industries

■ Denver, CO

- 1. Supervised children aged 1-5 during meals, ensuring appropriate portion sizes and promoting self-feeding skills.
- 2. Developed and implemented daily nutrition education activities that engaged children in healthy eating habits.
- 3. Established and enforced meal time rules to maintain order and promote respectful behavior.
- 4. Read stories related to food and nutrition to enhance children's understanding of healthy choices.
- 5. Organized group activities that integrated nutrition education with play, enhancing learning experiences.
- 6. Collaborated with kitchen staff to create balanced menus that met children's nutritional needs.

## **EDUCATION**

Associate of Applied Science in Early Childhood Education

Apr/ 2020

Lafayette Community College

**₽** Portland, OR

Focused on child development, learning methodologies, and classroom management.

