



CHARLOTTE HARRIS

Dietary Assistant

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PROFESSIONAL SUMMARY

Dedicated Dietary Assistant with seven years of comprehensive experience in food service and nutrition management. Adept at meal preparation, dietary needs assessment, and enhancing patient satisfaction through customized meal delivery. Committed to maintaining high standards of food safety and collaborating effectively within healthcare teams to promote wellness.

WORK EXPERIENCE

Dietary Assistant Apr / 2021-Ongoing
Pineapple Enterprises Santa Monica, CA

1. Delivers exceptional food service to patients, ensuring adherence to dietary prescriptions.
2. Monitors and updates patient dietary needs, including changes in diet orders and nourishment requests.
3. Accurately verifies patient meal choices in accordance with physician diet orders.
4. Ensures compliance with food allergies and dietary preferences, delivering meals in a timely manner.
5. Utilizes knowledge of nutritional guidelines to modify diets as needed.
6. Operates hospital computer systems for meal tracking and patient information management.
7. Communicates effectively with healthcare teams to relay patient dietary information and needs.

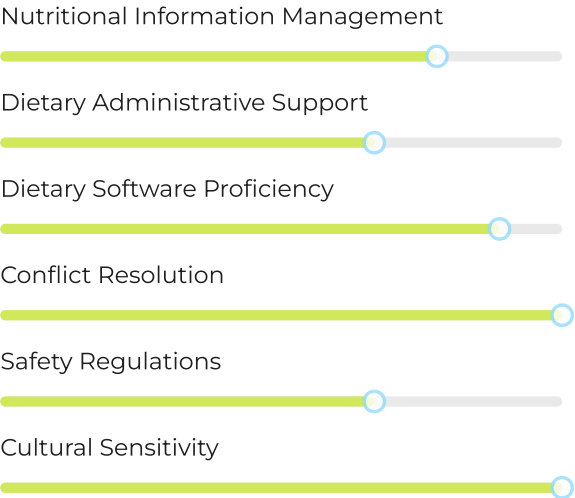
Dietary Assistant Apr / 2018-Apr / 2021
Summit Peak Industries Denver, CO

1. Assists the Dietary Manager in executing defined work routines and meal preparation.
2. Collaborates with kitchen staff to ensure timely meal service during scheduled times.
3. Adheres to federal and state regulations and departmental policies in dietary operations.
4. Maintains cleanliness and organization in food preparation and dining areas.
5. Supports meal assembly and tray presentation, enhancing the dining experience for residents.
6. Prepares dining areas to create a welcoming environment for residents.

EDUCATION

Associate of Applied Science in Nutrition Apr / 2015-Apr / 2018
Springfield Community College Phoenix, AZ
Studied principles of nutrition, food science, and dietary planning.

SKILLS



INTERESTS

- Podcasts Language Learning
Dancing Cycling

STRENGTHS

- Intuition Leadership
Listening Mentorship

LANGUAGES



ACHIEVEMENTS

- Improved patient meal satisfaction scores by 20% through tailored meal planning.
- Successfully implemented a new dietary tracking system, increasing efficiency by 30%.