



ETHAN MARTINEZ

Direct Support Professional (DSP)

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PROFESSIONAL SUMMARY

Dedicated Direct Support Professional with 5 years of experience delivering compassionate care to individuals with diverse needs. Proficient in daily living assistance, behavioral support, and fostering independence through tailored interventions. Passionate about enhancing client quality of life while ensuring safety and dignity in all interactions.

WORK EXPERIENCE



Direct Support Professional (DSP)  Apr / 2022-Ongoing
Maple Leaf Consulting  Toronto, ON

- 1. Support therapeutic environments by fostering positive interactions among residents.
- 2. Participate in interdisciplinary team meetings to enhance client care strategies.
- 3. Supervise daily activities, establishing appropriate behavioral guidelines.
- 4. Design and execute recreational programs in collaboration with supervisors.
- 5. Contribute to treatment plan development by providing insightful feedback.
- 6. Employ positive behavior management techniques, including de-escalation strategies.
- 7. Lead group therapy sessions to promote skill development and socialization.

Direct Care Specialist  Apr / 2020-Apr / 2022
Crescent Moon Design  Portland, OR

- 1. Assist clients with personal care, including bathing, grooming, and feeding, ensuring dignity and respect.
- 2. Support clients in maintaining appointments, providing transportation and logistical assistance.
- 3. Prepare meals tailored to individual dietary needs and preferences.
- 4. Monitor and document client progress, ensuring adherence to care plans.

EDUCATION

Associate of Applied Science in Human Services  Apr / 2018 - Apr / 2020
Community College of Philadelphia  Seattle, WA

Focused on providing support services to individuals with special needs, emphasizing practical skills and knowledge.

SKILLS

Effective Communication

Cultural Competence

Health Monitoring

Safety Awareness

Client Advocacy

INTERESTS


 Art


 Volunteering


 Hiking


 Yoga

STRENGTHS

 Criticality

 Detail-oriented

 Diplomacy

 Enthusiasm

LANGUAGES

 English

 Swahili

 Arabic

ACHIEVEMENTS

- ★ Successfully implemented individualized care plans, improving client satisfaction scores by 20%.
- ★ Trained new staff on behavioral management techniques, enhancing team efficiency and client care.