



ETHAN MARTINEZ

Direct Care Specialist

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☎ (123) 456 7899

📍 Los Angeles

🌐 www.qwikresume.com

PROFESSIONAL SUMMARY

Experienced Direct Care Specialist with 5 years of dedicated service in supporting individuals with diverse needs. Proficient in personal care, behavioral support, and fostering independence through tailored strategies. Committed to enhancing clients' quality of life by providing compassionate care and creating a safe, nurturing environment.

WORK EXPERIENCE

Direct Care Specialist

📅 Apr / 2022–Ongoing

WidgetWorks Inc.

📍 Denver, CO

1. Maintained detailed records of client progress and services to ensure optimal care delivery.
2. Reported significant changes in client conditions to supervisors for timely interventions.
3. Performed housekeeping duties to maintain a clean and safe living environment.
4. Provided companionship and personal care to clients during challenging life transitions.
5. Assisted with health-related tasks, including monitoring vital signs and medication administration.
6. Educated clients on hygiene, nutrition, and household management to promote independence.
7. Collaborated in case reviews to assess client needs and develop ongoing care strategies.

Direct Care Specialist

📅 Apr / 2020–Apr / 2022

Cactus Creek Solutions

📍 Phoenix, AZ

1. Administered personal care services, including mobility assistance and hygiene support.
2. Planned and prepared nutritious meals, ensuring dietary needs were met for clients.
3. Transported clients to medical appointments and community activities, ensuring their safety.
4. Worked with individuals with intellectual disabilities, focusing on daily living skills and personal goals.
5. Safely transported clients to appointments and events, ensuring comfort and security.
6. Provided support to disabled and mentally challenged individuals, fostering a nurturing environment.

EDUCATION

Associate of Applied Science in Health Sciences

📅 Apr / 2018 – Apr / 2020

Springfield Community College

📍 Phoenix, AZ

Studied health science principles and practices, focusing on patient care and support.

SKILLS

Client Needs Assessment

Crisis Intervention

Medication Administration

Record Keeping

Training And Education

Personal Hygiene Assistance

INTERESTS

🤿 Scuba Diving

🎮 E-sports

📖 Reading Fiction

🧩 Puzzle Solving

STRENGTHS

📋 Stewardship

👥 Teamwork

🔗 Tenacity

👁 Vision

LANGUAGES



English



Spanish



Japanese

ACHIEVEMENTS

🌟 Implemented individualized care plans leading to a 20% improvement in client satisfaction scores.

🌟 Trained new staff on best practices for client care, enhancing team performance and client outcomes.