



# LIAM ANDERSON

## Drug and Alcohol Counselor

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### PROFESSIONAL SUMMARY

With 7 years of dedicated experience as a Drug and Alcohol Counselor, I excel in guiding clients through personalized recovery journeys. My expertise in developing tailored treatment plans and leading evidence-based group sessions fosters resilience and lasting change. I am committed to empowering individuals, enhancing their coping strategies, and promoting holistic well-being.

### WORK EXPERIENCE

**Drug and Alcohol Counselor** 📅 May / 2020-Ongoing  
**Maple Leaf Consulting** 📍 Toronto, ON

1. Conduct thorough assessments for new and transferring clients to evaluate substance use issues.
2. Build strong rapport with clients and their families, fostering a supportive therapeutic alliance.
3. Facilitate group therapy sessions focusing on addiction recovery and coping mechanisms.
4. Deliver individualized therapy to adolescents with substance abuse issues, addressing their unique challenges.
5. Set up and coordinate outpatient therapy post-discharge, ensuring continuity of care.
6. Document weekly progress notes to monitor client development and treatment effectiveness.
7. Complete intake interviews and assessments, ensuring accurate client profiles and treatment plans.

**Drug And Alcohol Counselor** 📅 May / 2018-May / 2020  
**Silver Lake Enterprises** 📍 Seattle, WA

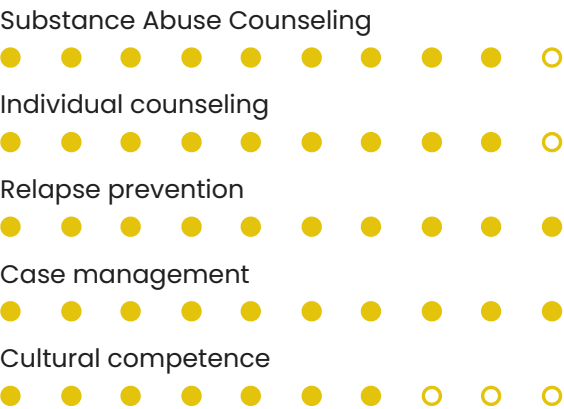
1. Counsel patients with a focus on addiction recovery and essential life skills.
2. Write and maintain daily progress reports to document client progress and challenges.
3. Develop and implement individualized treatment plans tailored to each client's needs.
4. Lead small group sessions to teach coping skills and effective decision-making strategies.
5. Model alternative decision-making methods to support client growth and recovery.
6. Manage a caseload of 35 patients, ensuring personalized attention and care.

### EDUCATION

**Bachelor of Science in Psychology** 📅 May / 2016-May / 2018  
**University of Phoenix** 📍 Toronto, ON

Studied psychological principles with a focus on addiction and recovery.

### SKILLS



### INTERESTS

- 👜 Fashion      🏆 Sports  
🚣 Fishing      📖 Reading

### STRENGTHS



### LANGUAGES



### ACHIEVEMENTS

- ★ Increased client retention rates by 25% through effective treatment planning.
- ★ Facilitated over 100 group therapy sessions with a focus on coping strategies.