

# Robert Smith

Phone (123) 456 78 99

Email: [info@qwikresume.com](mailto:info@qwikresume.com)

Website : [www.qwikresume.com](http://www.qwikresume.com)

LinkedIn: [linkedin.com/qwikresume](https://www.linkedin.com/qwikresume)

Address: 1737 Marshville Road, Alabama

## Lead Exercise Instructor

### SUMMARY

Personal motivation to keep fit and the ability to motivate others to do the same. Patience and the ability to explain things clearly. Understanding of lifestyle, diet and the human body.

### SKILLS

Technical Skills, Critical Thinking.

### WORK EXPERIENCE

#### Lead Exercise Instructor

ABC Corporation - January 2013 - June 2014

- Trained and motivated 7 clients, 3 days a week to achieve their fitness goals
- Evaluated an individuals fitness status.
- Created an effective exercise prescription to meet their needs.
- Signed new members up to join the club, filled out paperwork, and collected money.
- Demonstrated proper use of equipment to new clients, Operated sound system.
- Assisted in a new start-up fitness club, planned training, operation, and executed the work.
- Planned events leading up to the opening of the club.

#### Exercise Instructor

Delta Corporation - 2009 - 2013

- This is Dummy Description data, Replace with job description relevant to your current role.
- This is Dummy Description data, Replace with job description relevant to your current role.
- This is Dummy Description data, Replace with job description relevant to your current role.
- This is Dummy Description data, Replace with job description relevant to your current role.
- This is Dummy Description data, Replace with job description relevant to your current role.
- This is Dummy Description data, Replace with job description relevant to your current role.
- This is Dummy Description data, Replace with job description relevant to your current role.

### EDUCATION

BS