

Family Therapy Specialist

PROFESSIONAL SUMMARY

Dynamic Family Therapy Specialist with 5 years of experience in providing comprehensive therapeutic interventions for families in crisis. Skilled in collaborating with multidisciplinary teams to develop effective treatment plans that enhance family relationships and promote emotional well-being. Committed to fostering resilience through tailored support and innovative strategies.

WORK EXPERIENCE

Family Therapy Specialist

Maple Leaf Consulting

Feb/2022-Ongoing

Toronto, ON

- 1. Provided intensive in-home and community-based therapeutic services, including crisis intervention and advocacy for families.
- 2. Conducted comprehensive assessments to identify client needs and develop personalized treatment plans.
- 3. Educated team members on implementing therapeutic strategies effectively.
- 4. Designed and monitored behavioral modification plans aligned with client treatment goals.
- 5. Supported high-risk families to prevent placement of children in foster care through tailored in-home services.
- 6. Maintained accurate records and documentation of client progress and treatment outcomes.
- 7. Scheduled and completed client intake sessions promptly to ensure timely support.

Family Based Therapist

m Feb/2020-Feb/2022

♣ Portland, OR

Crescent Moon Design

- 1. Delivered family therapy and case management services to at-risk youth and their families in diverse settings.
- 2. Focused on crisis management and accessing community resources to support family stability.
- 3. Prioritized maintaining children in their homes and communities through effective therapeutic interventions.
- 4. Managed a caseload of 8 clients, ensuring positive therapeutic outcomes through structured follow-up.

EDUCATION

Master of Arts in Counseling Psychology

m Feb / 2018-Feb / 2020

University of Southern California

₽ Phoenix, AZ

Focused on family therapy techniques and psychological assessment.

SKILLS

Wraparound Services





Child Development



INTERESTS



Volunteering





STRENGTHS









LANGUAGES







English

Mandarin

Russian

ACHIEVEMENTS

Successfully reduced family conflict by 30% through targeted intervention strategies.

