



# ETHAN MARTINEZ

Assistant Family Caregiver

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## PROFESSIONAL SUMMARY

Dedicated Assistant Family Caregiver with 5 years of comprehensive experience in providing compassionate support to families. Proficient in assisting with daily living activities, medication management, and fostering a secure, nurturing environment. Driven to enhance clients' well-being through personalized care and effective communication.

## WORK EXPERIENCE

### Assistant Family Caregiver

Pineapple Enterprises

📅 Jun / 2021-Ongoing

📍 Santa Monica, CA

1. Created a safe and welcoming home environment tailored to individual client needs.
2. Assisted with daily living tasks, including bathing, dressing, and grooming.
3. Conducted grocery shopping and managed household errands to ensure client comfort.
4. Facilitated engaging activities such as reading and games to promote mental stimulation.
5. Coordinated appointments and managed medication schedules for optimal health outcomes.
6. Maintained detailed records of client care and progress for family and medical professionals.
7. Provided emotional support and companionship to enhance clients' quality of life.

### Family Caregiver

Silver Lake Enterprises

📅 Jun / 2020-Jun / 2021

📍 Seattle, WA

1. Supported safe ambulation and mobility for clients with physical limitations.
2. Advocated for client independence and dignity in all aspects of care.
3. Assisted elderly clients with daily tasks and transportation to medical appointments.
4. Ensured all safety protocols were followed to protect clients during care.

## EDUCATION

### Associate of Science in Nursing

Greenwood Community College

📅 Jun / 2019-Jun / 2020

📍 Chicago, IL

Completed coursework in patient care, nursing ethics, and health assessment.

## SKILLS

End-of-life Care



Patient Care Assistance



Record Keeping



Transportation Assistance



Light Housekeeping



## INTERESTS

🎨 Art

🤝 Volunteering

🌲 Hiking

🧘 Yoga

## STRENGTHS

🔍 Criticality

☰ Detail-oriented

🗨️ Diplomacy

😊 Enthusiasm

## LANGUAGES



English



Spanish



Russian

## ACHIEVEMENTS

★ Improved client satisfaction ratings by 30% through personalized care plans.

★ Successfully managed medication schedules for 10+ clients, ensuring adherence to prescriptions.