

ROBERT SMITH

Sr. Fitness Center Attendant

Phone: (0123)-456-789 | Email: info@qwikresume.com | Website: Qwikresume.com

SUMMARY

Dedicated service-focused professional with a passion for Physical Therapy. Known as being consistently positive and having a passion for helping others. Reliable and quick to learn new skills and concepts.

CORE COMPETENCIES

Microsoft Office, Administration, Communication, Interpersonal, Customer Service, Organizational.

PROFESSIONAL EXPERIENCE

Sr. Fitness Center Attendant

ABC Corporation - August 2012 – December 2012

Key Deliverables:

- Demonstrated how to use fitness center equipment.
- Created signage for sales of fitness center merchandise.
- Kept fitness, track and gym areas clean and organized.
- Performed and documented hourly patron counts for the fitness, gym and track areas.
- Assisted students in their workouts and provide information about machines and on proper exercises.
- Kept the fitness center and machines clean.
- Provided the highest level of service, maintaining warm smiles and friendly personalities to every Nation Member, member, hotel guest and entertainer.

Fitness Center Attendant

Delta Corporation - 2007 – 2012

Key Deliverables:

- Monitor use of facilities.
- Check for adequate identification,
- Clean equipment,
- Help maintain a safe environment.
- Assisted seniors in Fitness Center with exercise machines, and also in pool area Opened and closed the Center Conducted rounds to ensure resident .
- Provided safe and effective instruction of all cardiovascular and weight training equipment Provided useful, tactful, and safe advice to individuals .
- Accommodated a flexible work schedule, including holidays, weekends and nights.

EDUCATION

- AS in Business Administration - 2003(MORRISVILLE STATE COLLEGE - Morrisville, NY)