ROBERT SMITH

Fitness Coordinator/Instructor

Phone: (0123)-456-789 | Email: info@qwikresume.com | Website: Qwikresume.com

SUMMARY

To ensure the daily operations of the nursing department are maintained to promote quality of care to patients. An experienced LVN, Program Nurse currently working in Drug and Alcohol Rehab, with past experience as a Clinical Research Coordinator experience within CRO / Pharmaceutical / Biotech environment, and Home Health Nurse, Wound Care Nurse, and Utilization Review Nurse.

CORE COMPETENCIES

Forklift Certified, Reach Truck, Order Picker.

PROFESSIONAL EXPERIENCE

Fitness Coordinator/Instructor

ABC Corporation - August 1997 - May 2000

Key Deliverables:

- Personal trainer and Instructor, specializing in children, women and senior fitness programs.
- Responsible for annual Department financial, activity reports.
- Budgeted and Purchased Fitness and Aerobic equipment.
- Assisted in the supervision of the Fitness department.
- Participated in committee meetings related to Fitness/Aerobic and community outreach programs.
- Development of community/member outreach programs, heart fairs, and other special community events.
- Supervised 64 weekly Aerobic classes and 21 Instructors.

Fitness Coordinator

Delta Corporation - 1996 - 1997

Key Deliverables:

- Hired, trained, scheduled, and evaluated 30 student workers as Fitness Attendants Supervised and mentored six student Personal Trainers Administered.
- Advocate for the integration and independence of people with disabilities.
- Coordinating implementation of \$50k grant in partnership with area recreation centers to provide accessibility, advice, and adaptive fitness training.
- Organizing, building, and leading coalitions and volunteers to expand health and wellness programs.
- Assisted in planning and conducting special events, health fairs and wellness programs for residents Utilized customer service skills on a daily.
- Job Duties Include Calling and scheduling patients for one on one consultation with the personal trainer (myself) Evaluating patients along with .

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 Assist gym members with creation of exercise along with training them with using the equipment Organizing events for gym members to gain more.

EDUCATION

Vocational in Nurse - (Schreiner University)