



AVA DAVIS

Gym Assistant

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PROFESSIONAL SUMMARY

Dynamic Gym Assistant with two years of hands-on experience enhancing member satisfaction and promoting fitness initiatives. Proficient in equipment management, facility maintenance, and fostering a supportive environment for all fitness levels. Passionate about empowering individuals to achieve their health goals while ensuring a safe and engaging gym experience.

WORK EXPERIENCE

Gym Assistant Feb / 2024-Ongoing
WidgetWorks Inc. Denver, CO

- 1. Facilitated gym operations by traveling between facilities to support sports events.
- 2. Prepared recreation areas and provided necessary equipment for staff and players.
- 3. Managed timekeeping and scorekeeping during basketball games.
- 4. Documented performance outcomes and provided feedback to teams.
- 5. Adjusted basketball goals to ensure safety and compliance with age-specific standards.
- 6. Maintained facility cleanliness and organized equipment post-events.
- 7. Reported safety hazards and maintenance needs to the facility director.

Gym Assistant Feb / 2023-Feb / 2024
Summit Peak Industries Denver, CO

- 1. Enforced gym policies related to attire and equipment usage.
- 2. Conducted thorough cleaning routines to uphold health and safety standards.
- 3. Achieved perfect attendance at all scheduled meetings and events.
- 4. Assisted with sales and member enrollment, enhancing gym revenue.
- 5. Delivered customer service, managed cash transactions, and maintained gym cleanliness.
- 6. Operated tanning beds while ensuring user safety and equipment functionality.

EDUCATION

Associate of Science in Fitness Management Feb / 2022 - Feb / 2023
Springfield Community College Denver, CO

Focused on fitness training, health promotion, and facility management.

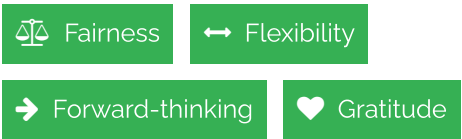
SKILLS



INTERESTS

- Gaming
- Fashion
- Film
- Technology

STRENGTHS



LANGUAGES



ACHIEVEMENTS

- Increased member participation in fitness classes by 30% through effective promotion.
- Successfully maintained a 95% cleanliness rating in gym facilities.
- Assisted in onboarding new members, contributing to a 20% increase in gym memberships.