

Robert Smith

Gym Manager II

PERSONAL STATEMENT

Certified Gym Manager skilled in helping clients realize that they hold the key to their own success. Promotes activities and coping methods that transform unhealthy habits and fuel healthy minds and bodies. Combines individual exercise sessions with comprehensive nutritional counseling to help clients achieve personal goals.

WORK EXPERIENCE

Gym Manager II

ABC Corporation - March 2007 - April 2009

Responsibilities:

- Start teaching Cycling, Pilates, Seniors, Boot camp and Personal Trainer.
- Hiring, Firing, Training, payroll of 2 businesses, marketing, scheduling of all staff, Sales, membership agreements.
- Overall functions of running the whole gym.
- Vital Fitness and family owned business.
- Organize & Process Member Accounts, Membership Sales, Member Assistance, Customer Service, Staffing, Scheduling, Light Accountant Duties.
- Collections, Billing, Pro Shop Sales and Childcare.
- Cleaning the gym, putting away weights, and checking members into the gym.

Gym Manager

ABC Corporation - 2004 - 2007

Responsibilities:

- Recruited and average of 15 new participants each month Explained exercise modifications and contraindicated movements to participants with a history of injury.
- Cultivated positive relationships with participants by interacting with them during classes.
- Greeted all members in a professional and friendly manner.
- Developed safe and effective exercise programs for all members.
- Assessed individual progress and suggested appropriate changes.
- Explained class objectives and rules..
- This is Dummy Description data, Replace with job description relevant to your current role.

Education

Associate - (Pierce Community college - Tacoma, WA)

CONTACT DETAILS

1737 Marshville Road,
Alabama
(123)-456-7899
info@qwikresume.com
www.qwikresume.com

SKILLS

Gym Trainer, Gym
Instructor.

LANGUAGES

English (Native)
French (Professional)
Spanish (Professional)

INTERESTS

Climbing
Snowboarding
Cooking
Reading

REFERENCES

Reference - 1 (Company
Name)
Reference - 2 (Company
Name)