# ISABELLA CLARK

## **Hockey Coach**





#### **PROFESSIONAL SUMMARY**

Passionate Hockey Coach with 2 years of experience in developing youth players and enhancing their skills. Adept at creating engaging practice sessions and fostering teamwork among players. Committed to instilling a strong understanding of the game, instilling discipline, and promoting sportsmanship. Eager to leverage coaching expertise to develop aspiring athletes and elevate their performance.

#### **WORK EXPERIENCE**

Hockey Coach

## Feb/2024-Ongoing

Maple Leaf Consulting

📮 Toronto, ON

- 1. Taught children, boys, and girls the fundamentals of hockey, enhancing their skills and confidence.
- 2. Designed and demonstrated drills, providing constructive feedback to improve player performance.
- 3. Conducted player evaluations and communicated progress to parents, fostering a supportive environment.
- 4. Organized and executed practice sessions for youth aged 10-12, focusing on skill development and teamwork.
- 5. Engaged with youth players, teaching them the essential skills and strategies of the game.
- 6. Assisted the Head Coach in daily operations and recruitment efforts for the hockey program.
- 7. Filled in for the Head Coach as needed, ensuring continuity and support for the team.

**Hockey Coach** 

Crescent Moon Design

**₽** Portland, OR

- 1. Coached U9 Lacrosse teams, focusing on skill development and team dynamics in Grand Forks, ND.
- 2. Implemented motivational strategies to enhance athlete performance and build team cohesion.
- 3. Adapted practice plans to meet the evolving needs of players, addressing challenges effectively.
- 4. Coordinated daily practice activities, including game day preparations and travel logistics.
- 5. Oversaw a week-long summer hockey camp, promoting skill development and teamwork among participants.
- 6. Recognized for leadership in managing a club focused on rehabilitation and human services.

#### **EDUCATION**

#### Bachelor of Science in Sports Management

University of North Dakota

**♣** Phoenix, AZ

Focused on coaching principles, sports psychology, and athlete development.

#### **SKILLS**

Team Management Player Development Game Strategy Analysis Team Leadership

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### **ACHIEVEMENTS**



Organized and executed a summer hockey camp attended by over 50 young athletes.

☼ Developed a comprehensive training manual for new coaches focusing on skill development.