



SKILLS

Compassionate Caregiver



Medication Management



Meal Preparation



Personal Care Assistance



Housekeeping Skills



INTERESTS

★ Surfing

🥋 Martial Arts

🏠 Community Service

📝 Blogging

STRENGTHS

🤝 Empathy

⌚ Patience

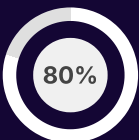
🏔️ Perseverance

📅 Planning

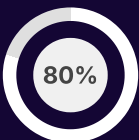
LANGUAGES



English



Mandarin



Portuguese

ACHIEVEMENTS

★ Successfully managed medication schedules for multiple clients, ensuring adherence and safety.

★ Improved client satisfaction scores by 30% through personalized care plans and attentive service.

MIA TAYLOR

IHSS Provider

✉ support@qwikresume.com 📞 (123) 456 7899 📍 Los Angeles

🌐 www.qwikresume.com

PROFESSIONAL SUMMARY

Compassionate and dedicated IHSS Provider with over 5 years of experience in delivering personalized care. Skilled in medication management, meal preparation, and daily living assistance to enhance client well-being.

WORK EXPERIENCE

Asst. IHSS Provider

📅 Dec / 2020-Ongoing

Quantum Solutions LLC

📍 Phoenix, AZ

1. Administered medications and monitored client health to ensure safety and compliance.
2. Provided daily living assistance, including bathing, dressing, and meal preparation, enhancing client comfort.
3. Utilized lifting techniques and equipment to safely transfer clients, ensuring their dignity and safety.
4. Managed dietary needs for diabetic clients, including meal planning and preparation.
5. Maintained a clean and sanitized environment, adhering to health and safety standards.
6. Accompanied clients to medical appointments, providing transportation and support.
7. Performed laundry and housekeeping tasks to maintain a comfortable living space for clients.

IHSS Provider

📅 Dec / 2019-Dec / 2020

Cactus Creek Solutions

📍 Phoenix, AZ

1. Planned and prepared nutritious meals tailored to client preferences and dietary restrictions.
2. Ensured kitchen cleanliness and proper sanitation of cooking utensils and equipment.
3. Assisted clients with grocery shopping and errands, promoting independence.
4. Provided companionship and emotional support to enhance clients' quality of life.
5. Conducted regular health and wellness checks to monitor client conditions.

EDUCATION

Associate of Science in Nursing

📅 Dec / 2018-Dec / 2019

City College of San Francisco

📍 Phoenix, AZ

Completed coursework in patient care, health assessment, and nursing fundamentals.