

Kitchen assistant

ROBERT SMITH

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Objective

Talented experienced cook with diverse culinary experience in food and nutrition. Patient service oriented with a successful strong background in food concepts and cooking techniques for a variety of cuisine and entrees. Exceptional reputation for developing well balanced dishes, flavorful meals and appetizing presentations of meals.

Skills

Computer, networking, cooking, cleaning, Communication, Business,.

Work Experience

Kitchen assistant

ABC Corporation - 2008 - 2016

- Opening up the main food service department for preparation of the daily breakfast and lunch meals.
- Preparing a variety of hot and cold breakfast and lunch entrees in patients service setting.
- Preparing homemade soups and sauces from standard recipes, as well as ensuring that the prepared food is palatable, attractive, garnished and maintaining proper temperature.
- Maintaining the overall cleanliness of the cooking area, breaking down patients trays, running dish machine, properly sanitizing cooking equipment, prep food items for next day meal.
- Recording all cooked foods, refrigerator and freezer temperature in the daily log.
- Preparing morning coffee set ups, prepare foods for catering set/ ups.
- Inventory food supply, placing kitchen food orders with major food vendors, placing bread and milk orders from vendors companies.

KITCHEN ASSISTANT

ABC Corporation - 2004 - 2008

- A kitchen assistant made sure that the perishables, and dry goods were unpacked, panned, and ready to be prepared.
- Sacked goods such as bread, and cookies.
- Worked on a line and packed goods such as yogurt, applesauce, pudding, salads.
- Worked on a food line and we packaged and estimate of three thousand meals a day.
- If necessary, I also helped out in the dish room and washed, rinsed, and sanitized dishes.
- With all of that I also did some janitorial work, swept and mops floors to comply with safety and sanitation standards..
- In addition to helping in the kitchen, we also did a daily lunch-in for the Seniors; and on occasion business groups from the community would hold lunch-ins at Nutrition and Services and we helped served during those as well..

Education

