

Kitchen Assistant

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PROFESSIONAL SUMMARY

Detail-oriented Kitchen Assistant skilled in food preparation and inventory management. Successfully reduced food waste by 15% through efficient stock rotation and organization, enhancing kitchen productivity and cost-effectiveness.

WORK EXPERIENCE

Kitchen Assistant

May/2022-Ongoing

Maple Leaf Consulting

Toronto, ON

- 1. Cleaned, cut, and cooked meat, fish, and poultry for a large residential facility.
- 2. Cooked foodstuffs according to menus, special dietary or nutritional restrictions, or numbers of portions to be served.
- 3. Cleaned and inspected galley equipment, kitchen appliances, and work areas to ensure cleanliness and functional operation.
- 4. Apportioned and serve food to facility residents.
- 5. Wiped tables or seats with dampened cloths.
- 6. Managed inventory and restocked supplies, reducing food waste by 10% through effective stock rotation.
- 7. Operated kitchen equipment safely and efficiently, leading to zero accidents during a 12-month period.

Kitchen Assistant

May / 2020-May / 2022

Silver Lake Enterprises

耳 Seattle, WA

- 1. Wiped tables or seats with dampened cloths or replaced dirty table
- 2. Set tables with clean linens, condiments, or other supplies.
- 3. Cleaned up spilled food, drink or broken dishes and removed empty bottles and trash.
- 4. Maintained adequate supplies of items such as clean linens, silverware, glassware, dishes, or trays.
- 5. Filled beverage or ice dispensers.
- 6. Assisted in food preparation, ensuring timely service for over 200 daily customers in a fast-paced kitchen.
- 7. Maintained cleanliness and organization of kitchen areas, contributing to a 20% reduction in health inspection violations.

EDUCATION

Associate of Applied Science in Culinary Arts

∰ May /

May / 2020

Culinary Institute of America

耳 Seattle, WA

Comprehensive training in culinary techniques, food safety, and kitchen management.

SKILLS

Microsoft Office

Customer Service Skills

Food Preparation

Housekeeping

Knife Skills

INTERESTS

🗸 Art

Volunteering

🜲 Hiking

🚺 Yoga

STRENGTHS

Q Criticality

≡ Detail-oriented

LANGUAGES



English

Arabic

Polish

ACHIEVEMENTS

1 Improved food preparation efficiency by 20% through streamlined processes.

Received commendation for maintaining a 100% cleanliness rating during health inspections.

Assisted in the successful launch of a new menu, contributing to a 15% increase in customer satisfaction.

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