

# ROBERT SMITH

## Substitute Kitchen assistant

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Talented experienced cook with diverse culinary experience in food and nutrition. Patient service oriented with a successful strong background in food concepts and cooking techniques for a variety of cuisine and entrees. Exceptional reputation for developing well balanced dishes, flavorful meals and appetizing presentations of meals.

## EXPERIENCE

### Substitute Kitchen assistant

#### GILCHRIST SERVICES - 2008 - 2019

- Opening up the main food service department for preparation of the daily breakfast and lunch meals.
- Preparing a variety of hot and cold breakfast and lunch entrees in patients service setting.
- Preparing homemade soups and sauces from standard recipes, as well as ensuring that the prepared food is palatable, attractive, garnished and maintaining proper temperature.
- Maintaining the overall cleanliness of the cooking area, breaking down patients trays, running dish machine, properly sanitizing cooking equipment, prep food items for next day meal.
- Recording all cooked foods, refrigerator and freezer temperature in the daily log.
- Preparing morning coffee set ups, prepare foods for catering set/ ups.
- Inventory food supply, placing kitchen food orders with major food vendors, placing bread and milk orders from vendors companies.

### Kitchen Assistant

#### ABC Corporation - 2006 - 2008

- Partnered with chefs and fellow staff to help create recipes and worked on a fast paced schedule to guarantee the meals met standards and would be accepted by students and faculty.
- Volunteer -Augustana College, Rock Island, IL Composed several stories for the Augustana Observer, contributing ideas and insight on events that were later published for the college.
- Created and edited articles as well as peer articles before publication to ensure the highest accuracy.
- Volunteer - Knox County Humane Society, Galesburg, IL Helped to match people looking for a pet with an animal that would suit their lifestyle and home situations after interviewing the families and getting to know the animals through close personal interactions.
- Volunteer - Cottage Hospital, Galesburg, IL Worked closely with the director of volunteer and senior services to edit the newsletter sent out weekly.

- Assisted in editing and creating the list of recipients who wished to receive the information we worked to put together.
- Entered multiple types of information into a database to organize and better understand our clients needs..

## **EDUCATION**

- - 2000(BALTIMORE INTERNATIONAL COLLEGE - Baltimore, MD)

## **SKILLS**

Computer Skills, Problem Solving, Cooking, Money Handling, Leadership, Data Entry, Phone Skills, Communication Skills.