ROBERT SMITH

Mental Health advocate

Phone: (0123)-456-789 | Email: info@qwikresume.com | Website: Qwikresume.com

SUMMARY

Mental Health advocate trained in an integrated health program towards reducing unnecessary utilization of emergency health care programs. My passion is based in my ability to connect to clients in order to invoke clients personal motivations for change.

CORE COMPETENCIES

Mental Health, Leadership Development, Microsoft Word, Interpersonal Relations, Communications, Blogging, Writer.

PROFESSIONAL EXPERIENCE

Mental Health advocate

ABC Corporation - November 2010 – June 2012

Key Deliverables:

- Worked with high risk population of individuals with severe mental illness and dual diagnoses, maintaining a high level of client confidentiality during interactions with client communities and support networks.
- Assessed clients for risk of suicide and homicide and made clinical decisions concerning level of care required.
- Developed client centered, goal oriented treatment plans with client and treatment team input.
- Assessed clients abilities, level of functioning, and cognitive skill and tailored behaviorally based treatments.
- Applied techniques from Cognitive Behavioral Therapy, Behavioral Modification, and Positive Psychology in a real world setting.
- Assisted clients with real life stressors concerning their symptoms, negative interactions with others, world and self-views, family dynamics, and financial hardships.
- Updated progress notes and attended treatment team meetings in an effort to support clients within the community.

Mental Health advocate

Delta Corporation - 2009 – 2010

Key Deliverables:

- Provide support to mental health clients Provide peer counseling to clients Help bridge clients from inter grated setting out into the community Make .
- Burlington PACT Serves as a member of the PACT team providing case management, medication monitoring, life-skill development, supportive counseling, .
- Provided crisis intervention services in an adult group home setting.
- Conducted intake interviews and performed assessments.
- Worked as part of a team to develop individualized treatment plans.
- Facilitated goal setting groups.

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- Provided individual and group therapy.

EDUCATION

- MS in Clinical

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