



# JACKSON TURNER

## Mental Health Associate

✉ support@qwikresume.com

☎ (123) 456 7899

📍 Los Angeles

🌐 www.qwikresume.com

### PROFESSIONAL SUMMARY

With a decade of experience as a Mental Health Associate, I specialize in crisis intervention, patient assessment, and individualized treatment planning. My passion lies in creating supportive environments that empower individuals to navigate their mental health challenges effectively. I am dedicated to promoting mental wellness and resilience through compassionate, evidence-based care.

### WORK EXPERIENCE

#### Mental Health Associate

📅 Feb / 2018-Ongoing

Maple Leaf Consulting

📍 Toronto, ON

1. Conducted comprehensive mental and physical assessments for patients with various mental health conditions.
2. Facilitated daily living assistance and ensured medication compliance for patients.
3. Monitored and documented patient behavior and emotional status in relation to treatment protocols.
4. Prepared patients for medical procedures and diagnostic testing, ensuring comfort and understanding.
5. Executed crisis interventions using de-escalation techniques and behavioral adjustment strategies.
6. Maintained accurate nursing notes and contributed to discharge planning.
7. Collaborated with healthcare professionals to optimize patient care and treatment effectiveness.

#### Mental Health Associate

📅 Feb / 2015-Feb / 2018

Crescent Moon Design

📍 Portland, OR

1. Observed and documented client well-being, ensuring the delivery of appropriate mental health services.
2. Assisted individuals in coping with addiction, suicidal ideation, and stress management challenges.
3. Accompanied and supervised clients in on- and off-site activities to promote engagement.
4. Participated in treatment planning and led therapeutic group sessions tailored to client needs.
5. Performed clerical duties, including documentation and communication with healthcare teams.
6. Ensured strict adherence to confidentiality and ethical standards in all interactions.

### EDUCATION

#### Bachelor of Science in Psychology

📅 Feb / 2012-Feb / 2015

University of California

📍 Denver, CO

Focused on mental health, behavioral psychology, and crisis intervention strategies.

### SKILLS

Supportive Counseling



Coping Strategies



Mental Health Awareness



Resource Coordination



Safety Planning



Self-care Techniques



### INTERESTS

🎧 Podcasts

🗣️ Language Learning

🎵 Dancing

🚴 Cycling

### STRENGTHS

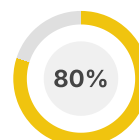
🔮 Intuition

👥 Leadership

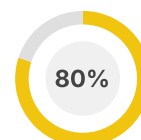
🎧 Listening

👥 Mentorship

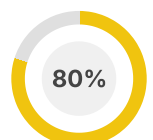
### LANGUAGES



English



German



Polish

### ACHIEVEMENTS

★ Successfully implemented individualized treatment plans, improving patient outcomes by 30%.

★ Led therapeutic group sessions, enhancing coping strategies for over 50 participants.