



# JACKSON TURNER

## Mental Health Paraprofessional I

✉ support@qwikresume.com

☎ (123) 456 7899

📍 Los Angeles

🌐 www.qwikresume.com

### SKILLS

Therapeutic Communication



Active Listening



Empathy



Crisis Intervention



Communication Skills



### INTERESTS

💡 Public Speaking 🤝 Community Service

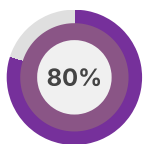
🔭 Astronomy ✈ Travel

### STRENGTHS

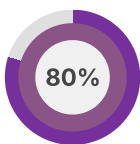
🚀 Ambition 👍 Confidence

⚡ Agility 🔄 Pragmatism

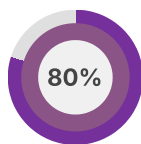
### LANGUAGES



English



German



Spanish

### ACHIEVEMENTS

★ Successfully implemented coping strategies for 30+ clients, improving their daily functioning.

★ Facilitated weekly group therapy sessions, enhancing peer support among participants.

### PROFESSIONAL SUMMARY

Dedicated Mental Health Paraprofessional with 5 years of experience supporting individuals with diverse mental health needs. Proven ability to implement effective treatment plans, facilitate therapeutic groups, and promote a safe, nurturing environment. Committed to enhancing client well-being through empathetic communication and tailored interventions, ensuring a positive impact on their recovery journey.

### WORK EXPERIENCE

Mental Health Paraprofessional I

📅 Jun / 2021-Ongoing

Blue Sky Innovations

📍 Chicago, IL

1. Guided clients in developing coping skills tailored to their individual symptoms.
2. Conducted regular interventions for members, ensuring timely and effective support.
3. Maintained accurate documentation of client progress to inform treatment adjustments.
4. Supported clients in achieving a fulfilling life within the community.
5. Provided essential hygiene and living supplies to group home residents.
6. Engaged clients in meal preparation to promote independence and social skills.
7. Ensured a clean and safe environment in group and day treatment settings.

Mental Health Paraprofessional

📅 Jun / 2020-Jun / 2021

Lakeside Apparel Co

📍 Chicago, IL

1. Delivered daily mental health interventions and crisis stabilization services to children.
2. Empowered children with skills to manage their mood and behavior effectively.
3. Provided encouragement and support to help children complete daily activities.
4. Monitored safety and well-being of children aged 10-17 in a therapeutic environment.
5. Led psycho-educational groups, documenting progress and promoting engagement.
6. Ensured quality care delivery in accordance with treatment plans and interventions.

### EDUCATION

Associate of Applied Science in Mental Health

📅 Jun / 2019-Jun / 2020

Springfield Community College

📍 Santa Monica, CA

Focused on mental health principles, therapeutic techniques, and client support strategies.