

Robert Smith

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Mental Health Therapy Aide

SUMMARY

As a Mental Health Therapy Aide, responsible for attending to patients personal hygiene, grooming, nutrition, and daily living needs. Aassisting and participating in physical, social, therapeutic or recreational programs; case management, service coordination activities or discharge planning.

SKILLS

Geriatric Populations, Training, Assessment, Communications.

WORK EXPERIENCE

Mental Health Therapy Aide

ABC Corporation - 1995 - 1997

- Provided constructive feedback to subordinate staff to enhance patient care.
- Documented and communicated care is given, staff actions, patient responses, and effectiveness of treatment/intervention in the consumer clinical records.
- Used the correct forms and charting procedures.
- Assisted, planned, and provided leisure activities for patients on and off the ward.
- Assisted with meals as needed or provides supervision based on the individual assessment of patients skills and dietary restrictions.
- Conducted environmental rounds daily, checking all exit doors in the dormitory area to ensure a safe and therapeutic demonstrate good communication skills (verbal and written) in interacting with patients, co workers, multidisciplinary team members, ancillary staff, and supervisor.
- Consulted with supervisors in difficult situations obtaining guidance and direction.

Mental Health Therapy Aide

Delta Corporation - 2008 - 2013

- Provided personal care, treatment and rehabilitation to individuals diagnosed with mental illness.
- Under supervision of a registered Nurse, I would groom, feed, and wash individuals who are unable to take care of themselves.
- Would help individuals to participate in games and recreational programs; coach and encourage individuals to develop daily living skills ADL; and provide a clean, safe and comfortable environment.
- Would train other staff to develop, carry out and record care plans and, in accordance with special instructions, I may administer medication.
- These positions may be physically demanding.
- Would need to be prepared to act to insure the health and safety of all patients in emergency situations.
- Demonstrate basic knowledge of mental illness and health problems commonly encountered on a psychiatric ward with emphasis on the violent and severely acting out patients.

EDUCATION

Diploma