



EMMA JOHNSON

Peer Counselor

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Los Angeles
www.qwikresume.com

PROFESSIONAL SUMMARY

Motivated Peer Counselor with two years of experience dedicated to aiding individuals in their mental health journeys. Proficient in creating a supportive atmosphere that fosters open dialogue and personal growth. Experienced in coordinating peer-led initiatives and providing essential resources, committed to empowering clients through understanding and guidance.

WORK EXPERIENCE

Peer Counselor Apr / 2024-Ongoing
Seaside Innovations Santa Monica, CA

- Guided clients in exploring personal insights and enhancing their interpersonal relationships.
- Organized and led weekly peer support sessions to address mental health challenges.
- Developed informational materials on topics such as substance abuse and emotional wellness.
- Collaborated with campus organizations to promote mental health resources and services.
- Provided a safe space for students to discuss their mental health concerns.
- Assisted in the planning of mental health awareness events, fostering community engagement.
- Maintained confidentiality and professionalism in all client interactions.

Assotiate. Peer Counselor Apr / 2023-Apr / 2024
Silver Lake Enterprises Seattle, WA

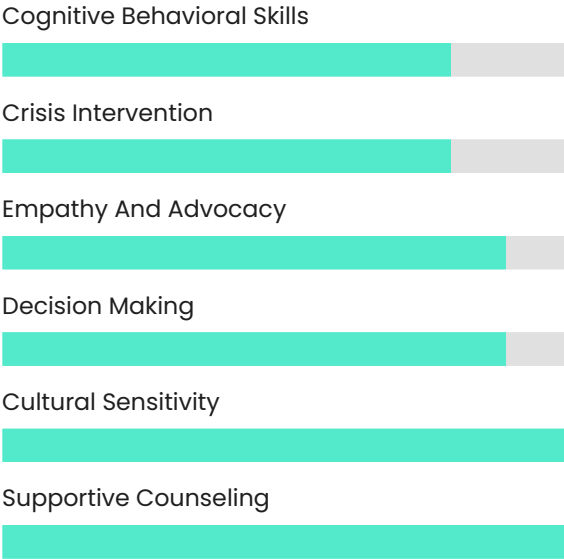
- Created a supportive environment for open discussions about mental health among peers.
- Completed training in effective communication techniques and active listening.
- Facilitated one-on-one sessions to help students articulate their thoughts and feelings.
- Established trust with students, providing encouragement and emotional support.
- Empowered students to leverage their experiences for personal growth and goal achievement.
- Engaged in continued professional development to enhance counseling skills.

EDUCATION

Bachelor of Arts in Psychology Apr / 2022-Apr / 2023
University of California Seattle, WA

Studied psychological theories and practices, focusing on mental health support.

SKILLS



INTERESTS

- Podcasts Language Learning
Dancing Cycling

STRENGTHS

- Intuition Leadership
Listening Mentorship

LANGUAGES



ACHIEVEMENTS

- Implemented a peer support program that increased student engagement by 30%.
- Facilitated workshops on mental health topics, reaching over 200 students.