



# HENRY WALKER

## Peer Specialist

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### PROFESSIONAL SUMMARY

Motivated Peer Specialist with two years of experience in guiding individuals through their recovery journeys. Proficient in leveraging personal experience to foster resilience and trust, while empowering clients to achieve their recovery goals. Committed to creating an inclusive atmosphere that encourages open communication and personal growth.

### WORK EXPERIENCE

#### Peer Specialist

Quantum Solutions LLC

📅 Mar / 2024-Ongoing

📍 Phoenix, AZ

1. Provided peer support to individuals, fostering trust and encouraging open dialogue about recovery.
2. Facilitated resource connections to community services, ensuring clients received necessary support.
3. Facilitated peer support groups to promote recovery and wellness among individuals with mental health challenges.
4. Completed a two-week WRAP training, equipping clients with tools for healthy behavior management.
5. Assisted in discharge planning and transportation logistics for clients in a correctional setting.
6. Evaluated available services for clients in need of housing, transportation, and employment support.
7. Maintained detailed progress notes and planning documentation to track client development.

#### Peer Specialist

Silver Lake Enterprises

📅 Mar / 2023-Mar / 2024

📍 Seattle, WA

1. Acted as a role model for peers, demonstrating effective personal recovery and coping strategies.
2. Advocated for clients, providing essential information and support, particularly for homeless women with children.
3. Guided clients of various ages in setting and achieving personal recovery goals through individual and group sessions.
4. Supplied clients with educational literature and access to external resources for recovery.
5. Supported clients in attending outside support groups (NA/AA) and utilized WRAP for personalized wellness plans.
6. Conducted regular follow-ups to assess client progress and adjust support strategies as needed.

### EDUCATION

#### Associate of Arts in Psychology

Community College of Denver

📅 Mar / 2022-Mar / 2023

📍 Chicago, IL

Studied foundational concepts in psychology with a focus on mental health and recovery support.

### SKILLS

Relationship Building

Mindfulness Techniques

Group Facilitation

Public Speaking

Conflict Management

Trust Building

### INTERESTS

🤿 Scuba Diving    🎮 E-sports  
📖 Reading Fiction    🧩 Puzzle Solving

### STRENGTHS

📋 Stewardship    👥 Teamwork  
🔗 Tenacity    📖 Vision

### LANGUAGES



### ACHIEVEMENTS

- ★ Facilitated weekly group sessions that improved client engagement by 30%.
- ★ Developed personalized recovery plans leading to a 25% increase in client goal attainment.