

JACKSON TURNER

Peer Specialist

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PROFESSIONAL SUMMARY

With seven years of experience as a Peer Specialist, I empower individuals in their recovery journeys by fostering trust and resilience. I excel in providing tailored support and facilitating goal-setting, while actively promoting mental health awareness within the community. My dedication lies in creating inclusive spaces that encourage open dialogue and personal growth.

WORK EXPERIENCE

Peer Specialist Mar / 2020-Ongoing
WidgetWorks Inc. Denver, CO

1. Provided compassionate support and guidance to clients, aiding them in their recovery journeys.
2. Assisted clients with daily living activities, ensuring a comfortable and nurturing environment.
3. Facilitated various therapeutic activities, promoting engagement and social interaction among clients.
4. Delivered emotional support to clients and their families, enhancing their overall well-being.
5. Assisted with mobility and transportation, ensuring client safety and comfort.
6. Encouraged positive coping strategies and resilience through tailored peer interactions.
7. Maintained a safe and supportive facility environment, adhering to health and safety regulations.

Peer Specialist Mar / 2018-Mar / 2020
Summit Peak Industries Denver, CO

1. Collaborated with over 20 patients experiencing mental health crises, guiding them through recovery processes.
2. Streamlined administrative processes, improving the accuracy of patient records.
3. Conducted daily documentation of patient progress, contributing to comprehensive care plans.
4. Designed a mental health recovery curriculum that significantly improved patient engagement.
5. Supervised and mentored a team of two staff members, enhancing team effectiveness.

EDUCATION

Bachelor of Science in Psychology Mar / 2016-Mar / 2018
University of Southern California Phoenix, AZ

Studied psychological principles with a focus on mental health and recovery strategies.

SKILLS

- Peer Support Facilitation
Cognitive Behavioral Skills
Coping Strategies
Mental Health Awareness
Self-care Practices

INTERESTS

- Woodworking Star Gazing
Theatre Architecture

STRENGTHS

- Politeness Determination
Ambition Dedication

LANGUAGES

- English Polish German

ACHIEVEMENTS

- Implemented a peer support group that increased client engagement by 30%.
Developed training materials for new peer specialists, enhancing onboarding efficiency.