



# LIAM ANDERSON

Play Therapist

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📍 Los Angeles  
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## PROFESSIONAL SUMMARY

With a decade of experience as a Play Therapist, I expertly employ play-based modalities to facilitate emotional growth and resilience in children. My focus lies in creating safe, engaging environments that promote healing and support families in overcoming challenges. I am committed to enhancing children's mental health through innovative therapeutic approaches.

## WORK EXPERIENCE

**Play Therapist** 📅 Mar / 2019-Ongoing  
**Maple Leaf Consulting** 📍 Toronto, ON

1. Facilitated therapeutic play sessions for children aged 3-12, utilizing diverse play therapy techniques to address emotional and behavioral issues.
2. Implemented both directive and non-directive play therapy approaches, effectively supporting at-risk children facing anxiety, depression, and aggression.
3. Engaged with children under 3 years old, utilizing developmentally appropriate play strategies to support growth.
4. Incorporated play, art, and music into therapy sessions to enhance children's expressive capabilities and developmental progress.
5. Provided in-home therapeutic sessions to children in foster care, offering guidance and support to foster parents.
6. Expanded knowledge and application of therapeutic techniques for individuals with Dissociative Identity Disorder (DID) to provide specialized support.
7. Collaborated with educational teams to develop and implement individualized education plans (IEPs) for preschool children with disabilities.

**Play Therapist** 📅 Mar / 2015-Mar / 2019  
**Cactus Creek Solutions** 📍 Phoenix, AZ

1. Designed and executed therapeutic interventions tailored to the unique needs of each child.
2. Assessed and documented client progress, adjusting therapeutic strategies as needed for optimal outcomes.
3. Maintained accurate and confidential records of therapy sessions and client interactions.
4. Provided crisis intervention and support during challenging emotional episodes.
5. Built strong rapport with clients and families to foster trust and collaboration.
6. Participated in ongoing professional development to stay current with best practices in play therapy.

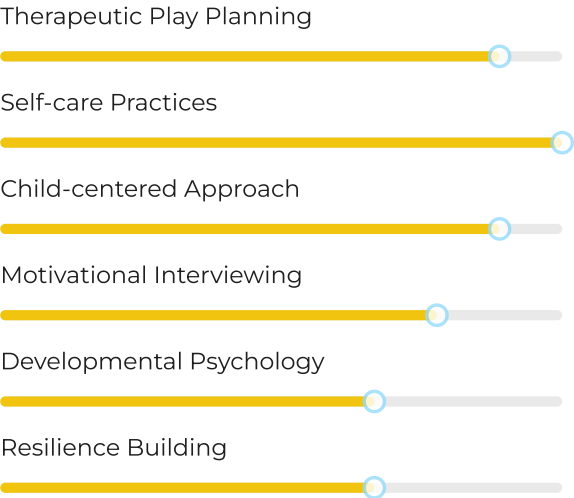
## EDUCATION

**Master of Arts in Counseling Psychology** 📅 Mar / 2012-Mar / 2015  
**University of Southern California** 📍 Phoenix, AZ

Focused on child development and therapeutic techniques.

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## SKILLS



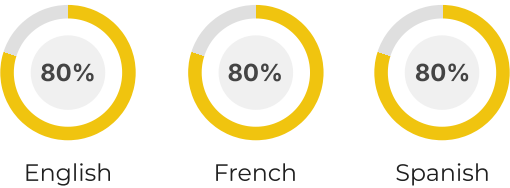
## INTERESTS

- 🎧 Podcasts      🗣️ Language Learning  
🎵 Dancing      🚴 Cycling

## STRENGTHS

- 🔧 Intuition      👥 Leadership  
🎧 Listening      👤 Mentorship

## LANGUAGES



## ACHIEVEMENTS

- 🌟 Implemented play therapy programs that improved emotional regulation in over 80% of participants.
- 🌟 Developed individualized therapy plans that led to a 70% reduction in anxiety symptoms among clients.