

BENJAMIN LEE

Psychiatric Assistant

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PROFESSIONAL SUMMARY

Compassionate psychiatric assistant with 10 years of dedicated experience in providing essential support to individuals facing mental health challenges. Skilled in implementing behavioral strategies, conducting thorough assessments, and building trusting therapeutic relationships. Committed to enhancing patient recovery and well-being through effective advocacy and collaborative care.

WORK EXPERIENCE

Psychiatric Assistant Jun / 2019-Ongoing
Quantum Solutions LLC Phoenix, AZ

1. Implemented behavior modification programs tailored to individual patient needs, ensuring timely interventions.
2. Maintained patient hygiene and grooming, fostering a sense of dignity and self-worth among individuals.
3. Supervised academic work and behavioral standards for patients, promoting a structured learning environment.
4. Documented behavior modification programs accurately, ensuring individualized care plans were implemented.
5. Monitored and charted patient behavior with precision, using descriptive terms to inform treatment strategies.
6. Participated in psychiatric staffing meetings, contributing to comprehensive patient assessments and care planning.
7. Set specific goals and organized work tasks effectively, enhancing overall team productivity.

Psychiatric Assistant Jun / 2015-Jun / 2019
Lakeside Apparel Co Chicago, IL

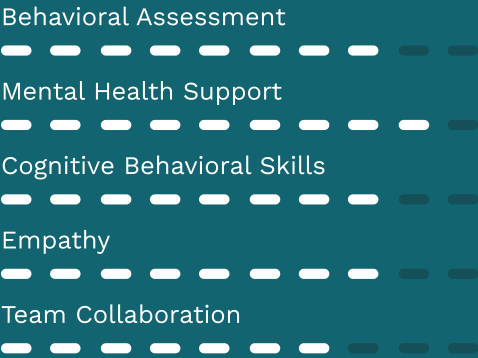
1. Provided direct patient care, supporting diagnostic procedures and therapeutic interventions to enhance recovery.
2. Observed and documented patient behavior and activities, ensuring accurate records for treatment evaluation.
3. Reported changes in patient condition promptly, suggesting modifications to treatment plans as necessary.
4. Established therapeutic relationships with patients, helping them navigate crises and emotional challenges.
5. Led therapeutic groups focused on skill-building and emotional support, fostering patient interaction and recovery.

EDUCATION

Associate of Applied Science in Mental Health Jun / 2012 - Jun / 2015
State Community College Portland, OR

Focused on mental health support, therapeutic techniques, and patient care practices.

SKILLS



INTERESTS

- Sports Community Service
- Running Cooking

STRENGTHS



LANGUAGES



ACHIEVEMENTS

- Implemented individualized behavior modification plans, resulting in a 30% improvement in patient compliance.
- Facilitated therapeutic group sessions that enhanced patient engagement and reduced anxiety levels by 25%.