

# Robert Smith

## Recreation Therapy Assistant

### CONTACT DETAILS

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### PERSONAL STATEMENT

Obtain a Recreation Therapy Assistant, responsible for Performing physical therapy according to a treatment plan provided by a physician or therapist (non-physician providers may also provide rehabilitation services), Providing counseling and coaching in accordance with professional standards of practice, health insurance guidelines, and other applicable laws or regulations (e.g., HIPAA), Providing support for all aspects of rehabilitation including patient education, symptom management, exercise prescription, medications.

### WORK EXPERIENCE

#### **Recreation Therapy Assistant**

**ABC Corporation - 2011 - 2015**

##### *Responsibilities:*

- Assessed client needs based on the client's goals as defined by their provider and manage the client's physical therapy program accordingly.
- Acted as a leader within the company.
- Provided a safe and comfortable environment by taking into account the design of the facility and providing appropriate guidance to guests and residents as appropriate.
- Assisted with housekeeping, set up/break down of space including furniture, equipment, linens, towels etc.
- Assisted with laundry such as changing linens, folding towels etc., assisting with laundry carts/bags etc., assisting with drying clothes etc.
- Provided assistance to guests by carrying items for them (shoes/shoeshine stand), assisting them in getting around the facility such as transporting items from one location to another or from one.
- Performed administrative duties, such as scheduling, training, and scheduling of clients.

#### **Recreation Therapy Assistant**

**Delta Corporation - 2009 - 2011**

##### *Responsibilities:*

- Provide information about the facility and services offered by the facility to group members or clients.
- Assist staff in performing their duties and responsibilities as assigned by management or program directors.
- Attend orientation sessions to become familiar with department policies and procedures.
- Assist the patient to prepare for meals and to make their bed (when applicable).
- Assist with household chores and laundry service to maintain cleanliness of the home.
- Ensure patients are comfortable by staying with them at all times while they are in therapy, offering comfort as needed; do not remove clothing except in case of medical necessity or when necessary to help a patient

### SKILLS

Symptom Management, Coaching, Interpersonal Skills.

### LANGUAGES

English (Native)  
French (Professional)  
Spanish (Professional)

### INTERESTS

Climbing  
Snowboarding  
Cooking  
Reading

### REFERENCES

Reference - 1 (Company Name)  
Reference - 2 (Company Name)

get into or out of bed; do not touch or attempt to touch another persons body parts; take care of medications, if prescribed; check on an individuals safety at all times by ensuring that no one is obstructing their vision or is attempting to move a patient that may be dangerous.

- Perform basic physical tasks such as lifting, carrying, pushing, pulling, lifting and carrying weights.

## **Education**

MS