



# ISABELLA CLARK

Support Counselor II

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## PROFESSIONAL SUMMARY

With five years of dedicated experience in mental health support, I excel in providing compassionate guidance and individualized care to clients. My skills include conducting assessments, formulating effective treatment plans, and facilitating group sessions. I am committed to fostering an inclusive environment that empowers individuals to overcome challenges and thrive in their recovery journey.

## WORK EXPERIENCE

### Support Counselor II

Quantum Solutions LLC

📅 Apr / 2022-Ongoing

📍 Phoenix, AZ

1. Maintained operational standards to ensure client health and safety, including medication management.
2. Fostered positive interactions among staff members to promote a collaborative environment.
3. Delivered support in applied behavioral analysis to enhance client coping strategies.
4. Organized recreational events to encourage socialization and community integration.
5. Implemented best practices in crisis intervention, ensuring timely and effective responses.
6. Supported clients in achieving personal goals through tailored guidance and resources.
7. Participated in continuous training to stay updated on mental health practices and regulations.

### Support Counselor

Cactus Creek Solutions

📅 Apr / 2020-Apr / 2022

📍 Phoenix, AZ

1. Collaborated with social workers to deliver mental health services to families facing diverse challenges.
2. Utilized technology to maintain accurate records and streamline client management processes.
3. Assisted clients with daily living skills, fostering independence and personal growth.
4. Responded promptly to crisis situations, ensuring client safety and well-being.

## EDUCATION

### Bachelor of Arts in Psychology

University of California

📅 Apr / 2018-Apr / 2020

📍 Phoenix, AZ

Focused on mental health counseling and behavioral studies.

## SKILLS

Cpr And First Aid Certification



Time Management



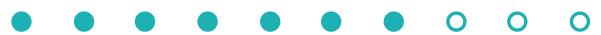
Decision Making



Conflict Resolution



Life Skills Training



## INTERESTS

🔧 Woodworking

🔭 Star Gazing

★ Theatre

🏠 Architecture

## STRENGTHS

😊 Politeness

🚩 Determination

🚀 Ambition

✅ Dedication

## LANGUAGES



English



Dutch



Spanish

## ACHIEVEMENTS

★ Successfully implemented individualized treatment plans, improving client outcomes by 30%.

★ Facilitated group therapy sessions that enhanced peer support and engagement among participants.