

# Therapeutic Recreation Assistant

## ROBERT SMITH

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### Objective

To expand my current job experience while engaging in a challenging yet rewarding work environment where I will be able to improve my current skills and gain additional skills.

### Skills

Communication Skills, Stress Management, Social Interaction.

### Work Experience

#### Therapeutic Recreation Assistant

**ABC Corporation** - September 2008 – December 2010

- Communicated directly with residents, administrators, and nurses to ensure that a healthy environment is provided for the residents.
- Ensured that residents are stimulated mentally, physically, and emotionally.
- Updated care plans to make sure the residents are receiving appropriate attention.
- Implemented Therapeutic Recreation programs for high functioning, low functioning, and dementia population.
- Maintained organization on programs for patients and residents.
- Assisted in Care plan meetings with the Dietitian, Social Worker, Nurse, and Physical Therapist in regards to helping patients meet their short term goals.
- Organized and supervised various on and off-campus recreation activities and programs for clients.

#### Therapeutic Recreation Assistant

**Delta Corporation** - 2016 – 2019

- Administered initial therapeutic activity assessments on all incoming patients and residents.
- Provided social support to rehabilitation patients and long-term care residents.
- Planned and facilitate activities to enhance the quality of life for residents with moderate to advanced dementia.
- Appointed group leader, oversaw 2 staff members, and 10-13 children. Collaborated with a team of therapists to help patients reach specific treatment.
- Run daily activities on the dementia unit for anywhere between 15-35 residents. Served as the Auxillary Liaison; to ensure a smooth workflow and efficient organizational operations.
- `#{job_description26}`
- `#{job_description27}`

### Education

High School Diploma - (Hialeah Miami Lakes Senior High School)