Robert Smith

Clinical Therapist

CONTACT DETAILS

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PERSONAL STATEMENT

Social worker and Clinical Therapist bringing more than 5 years of experience in counseling individuals of various ethnic and socio-economic backgrounds, including children, adolescents, and adults. Organized therapist, successful at managing multiple priorities while maintaining a strong work ethic and exhibiting a positive attitude. Interested in obtaining employment working with children, adolescents, and adults to address mental health issues as a clinical therapist or as a mental health provider.

WORK EXPERIENCE

Clinical Therapist

ABC Corporation - March 2015 – Present

Responsibilities:

- Responsibilities include providing clinical support and intervention in a private practice setting, to children, adolescents, adults, families, and groups with an identified mental health or substance abuse diagnosis.
- Assisting the individual with long and short term goal identification, reduction of symptoms, and progress through their individual recovery process.
- Educating clients on how to establish healthy coping and belief systems through the utilization of basic psychological theories and principles.
- Completing progress notes and the necessary paperwork in a timely and efficient manner.
- Efficiently gathering information from families and social services agencies to inform the development of treatment plans.
- Conducting comprehensive initial in-home psychosocial assessments prior to first wraparound meetings.
- Quickly responding to crisis situations when severe mental health and behavioral issues arose.

Group Home Therapist

ABC Corporation - December 2014 – December 2015

Responsibilities:

- Provided individual interviews with clients and assisted them with their goals in treatment.
- Maintained confidential records, including treatment planning, progress notes, and assessments via an electronic medical system.
- Completed intake assessments for individuals of all ages and linked them with appropriate resources.
- Conducted crisis assessments as needed at physician offices, schools, or in the therapy office to determine appropriate levels of care.
- Provided individual, family, and child therapy with up to 30 clients per week, assessing all mental and behavioral health needs.
- Maintained confidential medical records via electronic medical record system which includes treatment plans, assessments, and progress notes.
- This is Dummy Description data, Replace with job description relevant

SKILLS

Seeking Safety, DBT, Substance Abuse, Case Management, Motivational Interviewing, Electronic Medical Records, Crisis Intervention

LANGUAGES

English (Native)
French (Professional)
Spanish (Professional)

INTERESTS

Climbing
Snowboarding
Cooking
Reading

REFERENCES

Reference – 1 (Company Name)
Reference – 2 (Company Name)

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to your current role.

Education

MS in Mental Health Counseling - 2007(Walden University - Minneapolis, MN)BA in Speech Communication - 2001(Shippensburg - Shippensburg, PA)Master Of Science in COUNSELING - (CALIFORNIA STATE UNIVERSITY - Fullerton, CA)

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