



BENJAMIN LEE

Youth Development Coach

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PROFESSIONAL SUMMARY

Enthusiastic Youth Development Coach with 5 years of experience empowering young individuals through tailored mentoring and skill-building programs. Expert in fostering resilience, teamwork, and personal growth in diverse settings, including schools and community programs. Committed to creating a safe, supportive environment that inspires youth to thrive academically and socially.

WORK EXPERIENCE

Youth Development Coach

Maple Leaf Consulting

📅 Mar / 2022-Ongoing

📍 Toronto, ON

1. Implemented individualized coaching plans to meet the unique needs of each youth participant.
2. Engaged youth in structured recreational and educational activities to promote personal development.
3. Provided mentorship and guidance, fostering independence and self-confidence.
4. Modeled positive behaviors and communication, influencing youth to adopt healthy lifestyles.
5. Assisted in the development of life skills through workshops and hands-on activities.
6. Facilitated group discussions to encourage collaboration and teamwork among participants.
7. Ensured compliance with safety regulations and program guidelines to maintain a secure environment.

Youth Coach

Cactus Creek Solutions

📅 Mar / 2020-Mar / 2022

📍 Phoenix, AZ

1. Coached a diverse group of youth in various sports, enhancing their skills and teamwork.
2. Developed and led engaging activities that promoted physical fitness and social interaction.
3. Collaborated with parents and guardians to track progress and provide regular updates.
4. Organized seasonal sports events, successfully increasing community engagement.

EDUCATION

Bachelor of Science in Exercise Science

University of California

📅 Mar / 2018-Mar / 2020

📍 Phoenix, AZ

Focused on youth fitness and development principles.

SKILLS

Youth Engagement Strategies



Behavior Management



Behavioral Intervention Techniques



Conflict Resolution



Organizational Skills



INTERESTS

🎨 Art

🤝 Volunteering

🌲 Hiking

🧘 Yoga

STRENGTHS

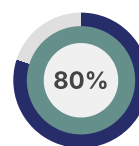
🔍 Criticality

☰ Detail-oriented

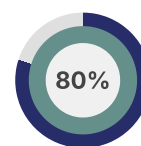
🤝 Diplomacy

😊 Enthusiasm

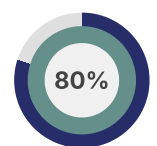
LANGUAGES



English



French



Swahili

ACHIEVEMENTS

★ Increased youth participation in programs by 30% through engaging activities and outreach.

★ Developed and implemented a mentorship program that improved youth retention by 25%.